

LA



**10% of all proceeds from this menu will be donated to After-School All-Stars**

A CHARITY FOUNDED BY ARNOLD SCHWARZENEGGER. MORE DETAILS ON THE BACK.

### — Arnold Schwarzenegger's Health Menu —

#### Impossible Burrito

impossible "meat", avocado, pico de gallo, black beans, hash brown and vegan cheese topped with red and green salsa. served with your choice of fruit or potato 16.50

\*SUB TO SIRLOIN STEAK AND/OR CHEDDAR CHEESE

#### Braised Apple Steel Cut Oatmeal

chardonnay braised apples with almonds and cinnamon drizzled with pumpkin seed oil 10.75

— ONLY AVAILABLE UNTIL 11AM —

#### Loaded Whey Protein Pancakes

non-gmo whole grain whey protein pancakes topped with blueberries, banana, berry compote and coconut shreds. served with maple syrup or honey 13.95

#### Impossible Farro Quinoa Bowl

quinoa and farro pilaf with impossible ground "beef", roasted summer vegetables, avocado and topped with hummus cream and house-made austrian pumpkin seed vinaigrette 16.95

\*SUB WITH CHICKEN OR SALMON

#### Avocado Impossible Burger

plant-based vegan burger patty with avocado, tomato, onions, sprouts and pickles served on whole grain bun 18.75

#### Grilled Beet Vegetable Salad

grilled beets, asparagus, zucchini, corn, avocado, cherry tomatoes, arugula and scallions, tossed with austrian pumpkin seed vinaigrette 12.50

add chicken 5.50 - add salmon or impossible "meat" 7

#### The Rule Breaker (Southwestern Burger)

grass-fed beef, pico de gallo, avocado, melted jalapeño jack, chipotle mayo served on our golden bun with a side of fries 16.25

\*MAKE IT KETO. SUB TO LETTUCE WRAP AND A SIDE OF COLESLAW

### — Protein Shakes —

#### Arnold's LADDER Proteinator Shake

LADDER chocolate plant based protein, banana, almond milk, flax oil, organic peanut butter, glutamine 9

#### Berry Green Chocolate Shake

LADDER chocolate plant based protein, strawberries, blueberries, green powder, almond milk 9

**I'LL BE BACK**

• OTHER DISCOUNTS NOT APPLICABLE •

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## **Hey, are you hungry?**

*I'm glad you chose the healthy menu. Good start.*

*I know very well the fantastic physical and emotional benefits of a healthy lifestyle. So, for the last thirty years, I've been committed not just to my own health, but also to the health of our nation's youth.*

*I was honored to serve on the President's Council for Physical Fitness, which inspired me to start my non-profit organization, **After-School All-Stars**. Since 1992, my national nonprofit has been providing daily after-school programs, including academic, enrichment, and health & fitness programs to over 90,000 low-income youth every year - all across our country. Too many students have nowhere to go between 3:00 and 6:00pm, and we know from law enforcement that those danger hours lead to bad decisions that impact the rest of their lives. We offer a safe place to continue to learn and continue to grow until their parents are home from work. And, because of after-school programs, students say no to gangs, no to drugs, no to violence, and YES to education, YES to sports, and YES to life. We've literally supported millions of kids over the past 25 years.*

## **Now we're ready to do more!**

*Mel's has supported After-School All-Stars for many years and I'm thankful for their generous legacy of giving back. Now, I'm excited to partner with Mel's Drive-in to bring this healthy and delicious menu to you to benefit After-School All-Stars for many more years to come. I've personally chosen the items on the menu, carefully selecting only the healthiest ingredients. I've also included menu items with  **LADDER**, a nutrition supplement brand that offers the cleanest and most effective products, founded by me and LeBron James to raise the standard for quality and safety. You can safely choose anything you want, knowing you will be eating right and helping the kids! But, I've always said that it's important to sometimes break the rules – and that's why I'm also including the Rule Breaker. Check it all out, since **proceeds will benefit our 90,000 students**.*

*Thank you for joining me in this important work.*




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